

Savoring a Life in Leadership Reflection & Renewal

*A gathering hosted by John McCann,
President of Partners in Performance*



Aunt Karen's Farm

May 14-17, 2020
Aunt Karen's Farm
Mount Vision, NY

An Overview

Imagine a winding country road, you top a slight hill, and there's the 1830's farmhouse, the huge barn, and rolling meadows along both sides of the road. This is home for a long weekend, from late Thursday, May 14th through midday Sunday, May 17th.

- Conversation with like-minded colleagues
- Time set aside for guided self-reflection
- Solo hiking the boundary of the farm---or strolling through the open fields with a colleague
- Visiting the local farmers market to shop for the evening meal
- Working hand in hand with a chef, learning about the local produce and preparing Saturday's dinner together
- Restful evenings around the fire
- Awakening to the crisp air of the Catskills in the spring
- Each day, an investment in refreshing, renewing and recommitting yourself to savoring a life in leadership!

Your Host

Over three decades, John McCann has developed and facilitated a range of programs to advance the work of leaders in the arts, education, and community development fields. For *Savoring a Life in Leadership*, John has designed an intimate and engaging "long weekend" where seasoned leaders can reflect, renew, and recommit---all within a mutually supportive learning community of like-minded colleagues.

The Work

We'll begin our time together late Thursday afternoon, meet for full days on Friday and Saturday, and conclude our work on Sunday at noon. Over this time we'll each work on:

- Naming the BIG questions*
- Finding deeper meaning in our work*
- Taking stock of what matters most*
- Advancing our most cherished intentions*

A more detailed agenda will be provided prior to arrival.



Highlighted Activity!

Saturday is a special day!! We'll take a short morning trip to one of the local farmer's markets and get what we need for dinner. Then in the late afternoon, we'll be joined by a local chef for a hands-on cooking lesson as we prepare the evening meal together!

Lodging and Food

Lodging will be in either the Farmhouse, Birdhouse, Harmony House or Harvest House. Each dwelling is unique, and all are located within easy walking distance of the meeting spaces. Rooms are modest, well-appointed, and come complete with all linens and towels, a reading lamp, and each house has plenty of room for finding that special corner for reading or making some notes to yourself.



If you're an early riser, each house has a full kitchen where you can make your own coffee or tea, or fix something light from the well-stocked pantry. A full breakfast will be served each morning at the Farmhouse. Lunch will be light fare focusing on locally sourced greens, vegetables, and meats. Dinner will begin each day with a short reception where everyone can unwind, and even help with preparing the table for our communal meal.

More information on lodging and meals will be provided after registration, including a request for any dietary restrictions.

About Aunt Karen's Farm

The Farm is located in Mt. Vision, New York, in the foothills of the Catskills, just 20 minutes from historic Cooperstown and Oneonta.

Cooperstown offers an array of attractions including the Baseball Hall of Fame, Fenimore Art Museum, and Glimmerglass Festival, and Oneonta is the home of Hartwick College and SUNY-Oneonta as well as the famed Oneonta Farmers Market. Gilbert Lake State Park is very close by the Farm and stunning Lake Otsego just a half hour away!

There are many ways of getting to the Farm, an easy three-hour drive from NYC, flying into Binghamton or Albany, or taking the train to Utica.

Learn more about the Farm by [clicking here](#).



Next Steps

If this sounds like a place you could unwind, renew, and develop your own plan for savoring your life in leadership, please let us know right away. *We are purposefully capping the weekend at 12 participants.* We believe the small number allows for deeper connections and a more mutually supportive community.

How to Register

The total cost is \$1500 and covers everything (lodging, food, materials, participation in all sessions, and most important, fellowship with like-minded colleagues). You will only be responsible for your travel. To hold your place, please send an initial payment of \$500 by March 6. The second payment of \$500 will be due by April 1, and the final payment of \$500 will be due by May 1.

[CLICK HERE](#) to complete the registration form and make your first payment.

Questions

If you have any questions, feel free to email John at jmccann@partnersinperformance.us or Jessica at jsizemore@partnersinperformance.us.

You can also call the office at 540-953-1753 or call John directly at 202-251-1663.